

# HABITS OF MIND



In recent years, learning and the attributes of successful learners have re-emerged as key issues in Education & Training.

Habits of Mind (HoM) are intelligent thinking behaviors used by peak performers to solve problems and organize learning.

HoM have emerged as an innovation in learning and teaching.

The appeal of HoM is based on their application to life-long learning, creativity, teamwork and skill formation. As such they have the potential to build students' capacity to learn, which is essential if learners are to stay abreast of the rapidly changing aspects of work, technology and society.

Self-regulated learning, and finding solutions in the workplace are possibly two of the most desired qualities that employers might seek from their employees in a perceived knowledge economy



The Knowledge Factory  
& much more...

When asked –  
'what would you like the employees' to be like?'  
– Managers world over generate a list that looks something like:-  
- Be independent thinkers; be more self-motivated;  
be more inquisitive; pay attention to details;  
be more diligent & persistent;  
think for themselves & not always follow another's lead;  
generate their own thoughts; have confidence;  
communicate with each other etc.

When employers are introduced to the Habits of Mind & they compare these with the list of desired attributes – the insight occurs!

Employing Habits of Mind means having a disposition toward behaving intelligently when confronted with problems that have no immediately known answers.



## Course Content covers:

### The 16 Habits of Mind.....

- Persisting
- Managing impulsivity
- Listening with understanding and empathy
- Thinking flexibly
- Metacognition
- Striving for accuracy
- Questioning and problem posing
- Applying past knowledge to new situations
- Thinking and communicating with clarity and precision
- Gathering data through all senses
- Creating, imagining and innovating
- Responding with wonderment & awe
- Taking responsible risks
- Finding humour.
- Thinking interdependently
- Remaining open to continuous learning

*\*Course content is subject to changes.*

## About the Directors of the Institute of Habits of Mind:

**Art Costa**  
Director  
Institute for Habits of Mind



ARTHUR L. COSTA is an Emeritus Professor of Education at California State University, Sacramento and Co-founder of the Institute for Habits of Mind in Westport, Connecticut. He has served as a classroom teacher, a curriculum consultant, and an assistant superintendent for instruction and as the Director of Educational Programs for the National Aeronautics and Space Admin.

**Henry Toi.**  
Executive Director  
Art Costa Centre for Thinking



Henry has authored several books, including an award winning "Phonics Zoo", "My Little Thinking Book", his latest being the "Habits of S.U.C.C.E.S.S." He has successfully coached senior executives to mind map, speed read and become more creative and efficient thinkers.

Henry has taught in primary, secondary and tertiary classrooms, conducted hundreds of workshops for teachers on the Habits of Mind and is the course writer for a unique Learning to Learn module for SIM University.

Henry works in the area of Habits of Mind, teaching for thinking, multiple intelligences, Mind Mapping, creativity, memory and speed reading. He is also a regular speaker at conferences such as the International Conferences on Thinking in Sweden, Kuala Lumpur and the 20th American Creativity Association Conference in Singapore, the International Child Conference in Singapore.

## Programme Leaders:

**Jas Johari**



Jas has been interacting with children since the past 10 yrs, since she setup 'Jungle Book'. She has trained a number of School faculty members - in 'Mind Maps', 'Multiple Intelligences' and 'Habits of Mind'.

Jas is regularly invited to address international conferences.

She is the only Buzan Advanced Licensed Instructor in India.

An established corporate trainer in 'Mind Maps' / 'Speed Reading' & 'Knowledge Management' - which she refers to as "Life Skills" -

Jas is equally passionate about making life easier for all students, teachers & corp. executives too.



Call: 20 25 88 2223,  
Maneesh: 98 22 00 4223,  
Jas: 98 22 53 4223

[www.buzanpune.com](http://www.buzanpune.com)  
[www.junglebookpune.org](http://www.junglebookpune.org)  
jas.johari@hotmail.com  
junglebookaundh@gmail.com

Avni Arcade, Gaikwad Nagar, Aundh, Pune - 411007